

OUR FLAGSHIP PROGRAMME: HEALTHY MASCULINITY IN LEADERSHIP MASTERMIND (90 DAYS)

Joining this Healthy Masculinity Mastermind will help you or the men in your organisation to:-

- Redesign your leadership to inspire, impact and influence others with more ease
- Create a more human and psychologically safe working culture. (No more burnout)
- Embed fearless, learning-orientated mindsets to ensure teams are future fit
- Connect with like-minded change-makers to reimagine new possibilities and build connected heart-led relationships
- Expand emotional and relational intelligence to be a better leader, ally and man.

SPEAKING OPTIONS TO BUILD LEARNING AND AWARENESS

Keynotes, Webinars & Podcasts (20-75 mins)

- The 5 Keys to Developing Healthy Masculinity in Leadership
- Growing Conscious and Inclusive Male Leaders & Allies
- How to Support Healthy Masculinity in Leadership & Allyship
- How to Engage not Enrage Male Leaders.

CULTIVATE
WAYS TO
HEALTHY
MASCULINITY

INTRODUCTORY SESSION (½ DAY) OR IMMERSIVE SESSION (1 DAY)

For senior male leaders and HR/OD/Talent/support functions to explore:

- The big tensions around masculinity in leadership
- How to encourage men to step forward as allies and inclusive role models
- The key traits of healthy masculinity
- Best practice to enable the men in your organisation to create more collaborative impact with ease and confidence
- Cultivating creativity and courageous risk-taking

INDIVIDUAL LEADERSHIP & MALE ALLY COACHING

For senior leaders and executives already on their inclusion journey, or following our Introductory or Immersive sessions, structured as follows:

- 6-month programme to include an in-depth questionnaire and 2-hour discovery session to identify key areas of opportunity, challenge and desired outcomes
- Ad hoc coaching support available for those attending other HMIL offerings.



WHO ARE OUR PROGRAMS AND SERVICES FOR?

Accomplished business leaders, entrepreneurs and change agents from a range of social, cultural and racial backgrounds who are:

- open to reflection and contemplation and taking radical action to embrace and model new behaviour
- at or approaching a cross-roads in relation to purpose, role and leadership (possibly facing a role change, relationship breakdown or divorce)
- ready to raise self-awareness and ability to step up as an ally
- motivated to become comfortable with the uncomfortable, and engage in deeper conversations with other men about personal and societal issues
- concerned about toxic masculinity and its effect on personal and professional connections.

LEARNING JOURNEY AND OUTCOMES:

This programme offers a unique and safe developmental space that will inspire, guide and support you to:-

- Connect to your future vision as a leader with a clear, embodied description of what it will feel like for you to succeed - and awareness of what's at stake if this doesn't happen (including the cost to your emotional and mental health).
- Clarify the gap between your current reality and where you wish to be to bring new awareness and identify where you are getting stopped or blocked from fulfilling your potential and naming the root of the problem in a new way.
- Map a new pathway for your leadership and impact (the change you wish to create in your life, role and beyond) and clarify next steps to take.



FACILITATORS

This programme draws on the guidance and wisdom of world leaders in human potential and leadership, and is facilitated by expert specialists in transformational leadership and inclusion:



Lisa Barnwell

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